

Your Periodontal Strategy

"All the flowers of tomorrow are the seeds of yesterday."
- Proverb

Home Care:

- _ Electronic Toothbrush
- _ Brushing Daily
- _ Daily Flossing
- _ Interdental Cleaners (Simudents, Soft Pics, Tooth Picking/Perio Aid, End Tuft Brush, WaterPik)
- _ Tongue Cleaning
- _ Oral Rinse

Professional Care In Office:

- _ Consistent Frequent Cleanings
- _ Docycycline Rx Given
- _ Arestin (Do not floss area for five days. Avoid WaterPik or toothpicks for five days. Avoid nuts, seeks, and popcorn for five days.)
- _ Laser Gum Therapy

Over The Counter Products:

- _ Sensitivity Toothpaste
- _ Hydrogen Peroxide Rinse/Syringe
- _ Perio Rx
- _ Fluoride Rinse
- _ Warm Salt Water Rinse (as needed)
- _ MI Paste
- _ Biotene Products (dry mouth)

Products Available At Our Office:

- _ Fluoridex (Rx Toothpaste)
- _ Electronic Toothbrush
- _ Perio Rx (antimicrobial rinse)
- _ Hydrogen Peroxide
- _ MI Paste (remineralizing cream)
- _ Tongue Cleaners
- _ End Tuft Brush

Creekside Dental
13097 S. Parker Rd.
Suite A
Parker, CO 80134
303.841.0549
www.creekdental.com

Burning Tree
Family Dentistry
7601 Burning Tree Drive
Franktown, CO 80116
303.688.2512
www.gotgrin.com

"If we could see the miracle of a single flower clearly, our whole life would change."
- Buddha